

Arrangement for Karate Classes
from Summer and onwards
(Starting from 3/06/2008)

1) **Classes on Monday**

Time: 18:00 to 20:00

Venue: Flora Ho Sports Centre Combat Room

Class: Kata practice (For white belt and yellow belt)

Colour belts are welcome to join the practice on these days from 6pm.

Time: 20:00 to 21:00

Venue: Flora Ho Sports Centre Combat Room

Class: Kata practice (For green belt and above)

2) **Classes on Tuesday**

Time: 18:00 to 21:00

Venue: WanChi Dojo

Class: Kata practice (For green belt to black belt)

3) **Classes on Wednesday**

cancelled

4) **Classes on Thursday**

Time: 18:00 to 20:00

Venue: Flora Ho Sports Centre Combat Room

Class: Kata practice (For white belt and yellow belt)

Colour belts are welcome to join the practice on these days from 6pm.

Time: 20:00 to 21:00

Venue: Flora Ho Sports Centre Combat Room

Class: Kata practice (For green belt and above)

3) **Classes on Friday**

Time: 18:00 to 21:00

Venue: WanChi Dojo

Class: Kumite practice (For green belt to black belt)

4) **Classes on Saturday**

Time: 10:00 to 12:00

Venue: WanChi Dojo

Class: Beginner course (For white belt)

Time: 12:30 to 14:30

Venue: WanChi Dojo

Class: Kumite practice (For blue belt to black belt)

Time: 15:00 to 17:00

Venue: WanChi Dojo

Class: Kumite practice (For yellow belt to green belt)

5) **Classes on Sunday**

Time: 10:00 to 12:00

Venue: WanChi Dojo

Class: Beginner course (For white belt)

Wanchi Dojo Address:

3/F, Anton Building,

No.1 Anton Street, Wanchi

香港灣仔晏頓街

1號安定大廈3樓

(衛蘭軒酒店則、太古廣場3期對面)

